

Ask

2 0 1 9

Middle East Prayer Evening

Duration – Approx. 2 hrs 15 mins

Welcome	5	30 mins
Praise and worship	15	
Why we pray	10	
Break	10	
Praying for the lands of the Middle East OR Praying for the cities	15	45 mins
Praying for labourers	15	
Praying for seekers & believers	15	
Break	10	
Praying for refugees	15	40 mins
Thanksgiving	15	
Close	10	

Guidance / top tips

Praying for the land or **Praying for the cities** – In your prayer time you could pray through *one* of the two topics if you have time restrictions. You may want to allocate 15 – 20 minutes to pray into each of these areas.

The breaks – Maybe make the breaks shorter and start or end the evening with a small Arab meal. This might be a welcome addition for those who weren't able to have dinner. A number of supermarkets have a selection of Arab delicacies including hummus, kofta, tzatziki and falafel. You could top it off with some rice and a salad.

